

# GRAND SLAM TENNIS CLUB

## 2024-25 WEEKLY ADULT TENNIS PROGRAMS

### ***Men's Combo League***

**3.5+** \$60/session/2 hours/per person

Organized by a Grand Slam teaching professional. Participants will rotate and play rounds of singles and doubles depending on registrations. *(Minimum of 6 required to hold event.)*

Monday 8:00-10:00pm    Thursday 8:00-10:00pm

### ***Drill and Play***

**2.5+** \$60/session /1.5 hours/per person (max of 4 players per court)

Fast paced drill with a focus on stroke production, shot selection, and point play. Players will be grouped by level. *Minimum of 3 required to hold event - otherwise shortened to 1 hour.*

Tuesday 11:30am-1:00pm    Thursday 10:30am-Noon

### ***Point Play***

**3.0+** \$55/session/1.5 hours/per person (max of 6 players per court)

A cardio based to live ball session. Participants will rotate partners each round and play keep score. *Minimum of 3 required to hold event - otherwise shortened to 1 hour.*

Monday 9:30-11:00am    Wednesday 9:30-11:00am  
Friday 10:30-12pm

### ***Cardio Tennis***

**2.5+** \$50/session/1 hour per person (max of 6 players per court)

Come join us for energized fun morning workouts and hit your way to fit!

Friday 9:30am-10:30am



To sign up, please contact Grand Slam at 914-234-9206 or via email at [staff@grandslamtennisclub.com](mailto:staff@grandslamtennisclub.com).

**GREAT TENNIS, GREAT TEACHING at GRAND SLAM!**